



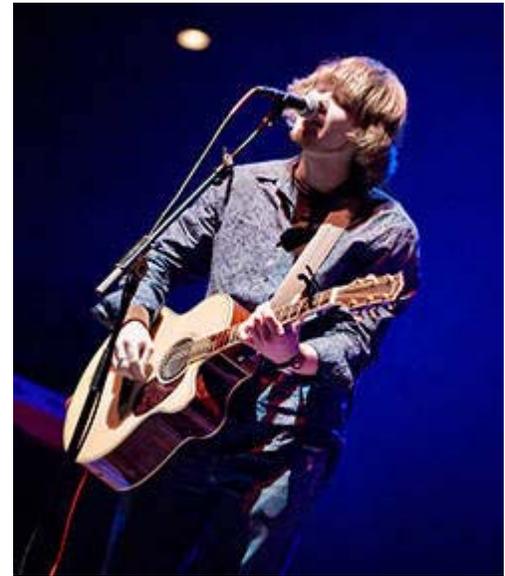
Metromix St. Louis Music

Todd Sarvies

Being himself the best way he knows how

Metromix

Todd Sarvies of John Boy's Courage has his goals set on making sure people in St. Louis know his music over his name. Music is Todd's passion in life. This simple musician, armed with his guitar, has big plans with his band John Boy's Courage. The gang is surely on its way. Charter Communications will be filming *The Set* featuring John Boy's Courage July 26th at [Rockstar Nightclub](#). Catchy tunes, insightful lyrics and a solid fan-following make Todd Sarvies one musician to keep your eye on.



Your music seems personal, is it based on actual events? Do your songs come from truths in your life?

Todd Sarvies: Yes. I guess I dwell on things that happen. I write a lot about life's many struggles.

Personal and musical influences are huge. Who/what has inspired you to write and perform music?

Todd Sarvies: This is always the hardest question. I'm very big on lyrics. I enjoy poetic songwriters, the ones that make you think. Adam Duritz from [Counting Crows](#), Damien Rice, David Gray, Ben Gibbard from Death Cab for Cutie ...

When deciding to record a new album, how does your writing process start?

Todd Sarvies: I look at it as if I'm putting a puzzle together. I usually have a bunch of songs, but I try to find the ones that fit together to tell a story. I've always thought an album should be a story over a bunch of random songs. My last album, "The Fall Precaution" was pieced together to tell a story about falling down and getting back up. I'm currently working on another, very much a work in progress. I'm leaning towards a story about someone making a choice between their love and their dreams.

If you could open for any national touring act who would it be? And Why?

Todd Sarvies: Anyone that would let us?

When can we catch you next?

Todd Sarvies: Saturday July 26th at [Rockstar Nightclub](#) on S. Broadway.

What's your favorite cartoon?

Todd Sarvies: Finally, a real question. When I was a kid I was very into Transformers. Do the Simpsons count? Always funny. The Simpsons Movie was better than The Transformer Movie.

Tell me your brief background of musical history. How did you get started? How long have you been on the scene?

Todd Sarvies: I started taking guitar lessons because my friends were. I guess it was more of a status thing than anything else. I kept playing. They probably found something better to do. I have played solo and in a couple of other bands around St. Louis over the past six years.

John Boy's Courage is three years old now. What has been the most interesting/oddest thing you have witnessed while playing on stage, or what is the oddest thing that has happened to you on stage?

I used to be in a cover band that played the graveyard shift at **Pop's**. Anything that happens at Pop's between 1 a.m. and 5 a.m. is very... interesting.

Five years from now, where do you want to be in the industry?

Todd Sarvies: I've recently started booking and promoting shows around town. I could see myself doing that more and focusing less on performing.

Where can I find your music/buy your album?

Todd Sarvies: Vintage Vinyl, CDBABY.com, iTunes

What song(s) do you find your fans enjoy/request the most?

Todd Sarvies: Lately, people have been asking for "King" and "Beachwood". I think that is because they are newer songs. "King" and "Beachwood" are the first two songs I've made available off the new album.

If you could play any other instrument what would it be?

Todd Sarvies: Cello. I really like cello. I wish I had a cello player in the band. Do you play cello?

[Check out more at John Boy's Courage's Web site.](#)